**ASP.NET MVC** is a design pattern used to achieve a clean separation of concerns in web applications. [It decouples the user interface (view), data (model), and application logic (controller)](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [1](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc)[2](https://stackoverflow.com/questions/372667/what-is-asp-net-mvc).

Here are **five free resources** to learn more about ASP.NET MVC:

1. [**Getting Started with ASP.NET MVC**: This tutorial provides an introduction to ASP.NET MVC 5 and covers the basics of controllers, views, and separation of concerns](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [3](https://learn.microsoft.com/en-us/aspnet/mvc/overview/getting-started/recommended-resources-for-mvc).
2. [**Introduction to ASP.NET MVC (video by Pluralsight)**: A video course that delves into the essentials of ASP.NET MVC](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [3](https://learn.microsoft.com/en-us/aspnet/mvc/overview/getting-started/recommended-resources-for-mvc).
3. [**Free 6-hour online course - Developing ASP.NET MVC 4 Web Applications Jump Start**: A comprehensive course to help you build web applications using ASP.NET MVC 4](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [3](https://learn.microsoft.com/en-us/aspnet/mvc/overview/getting-started/recommended-resources-for-mvc).
4. [**Learning MVC - Part 1: Introduction to MVC Architecture and Separation of Concerns**: Learn about the MVC architecture and how to separate concerns effectively](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [3](https://learn.microsoft.com/en-us/aspnet/mvc/overview/getting-started/recommended-resources-for-mvc).
5. [**Poster: Lifecycle of an ASP.NET MVC 5 Application**: A visual guide to understanding the lifecycle of an ASP.NET MVC 5 application](https://dotnet.microsoft.com/en-us/apps/aspnet/mvc) [3](https://learn.microsoft.com/en-us/aspnet/mvc/overview/getting-started/recommended-resources-for-mvc).

Feel free to explore these resources to enhance your knowledge of ASP.NET MVC! 🚀